Normal Times of Day—Monday/Thursday			
Period	Time	Length	
Whanau Time	8.30am-8.50am	20 minutes	
Period 1	8.50am—9.50am	1 hour	
Period 2	9.50am-10.50am	1 hour	
Break 1	10.50am-11.20am	30 minutes	
Period 3	11.20am-12.20pm	1 hour	
Period 4	12.20pm-1.20pm	1 hour	
Break 2	1.20pm-2.00pm	40 minutes	
Period 5	2.00pm-3.00pm	1 hour	

Assembly/Meeting—Times of Day—Tuesday			
Period	Time	Length	
Period 1	9.00am—10.00am	1 hour	
Period 2	10.00am—11.00am	1 hour	
Break 1	11.00am—11.30am	30 minutes	
Period 3	11.30am-12.30pm	1 hour	
Period 4	12.30pm-1.25pm	55 minutes	
Break 2	1.25pm-2.05pm	40 minutes	
Period 5	2.05pm-3.00pm	55 minutes	

Assembly/Meeting—Times of Day—Wednesday/Friday				
Period	Time	Length		
Assembly/Meeting	8.30am-9.00am	30 minutes		
Period 1	9.00am—10.00am	1 hour		
Period 2	10.00am-11.00am	1 hour		
Break 1	11.00am-11.30am	30 minutes		
Period 3	11.30am-12.30pm	1 hour		
Period 4	12.30pm-1.25pm	55 minutes		
Break 2	1.25pm-2.05pm	40 minutes		
Period 5	2.05pm-3.10pm	55 minutes		